

Senior Neighbors

The Hagerstown Housing Authority is committed to providing quality, affordable housing in a safe environment. Through partnership with our residents and other groups we will provide opportunities for those we serve to become self-sufficient.

August 2022

To associate on neighborly terms To be friendly Persons who live near others



Recent FSS Graduates



LISA RIDGLEY

Lisa recently completed the FSS program after pursuing all her goals!

She set a goal of achieving an "Excellent" credit score and completed that with flying colors. Lisa also opened a savings account and saved to pay cash for her vehicle.

Lisa has learned exceptional budgeting skills thru the FSS workshops and educational and wellness lessons that she will continue to use during her life. Super successful job, Lisa!



MARIELIS CORDERO

Marielis also recently completed the FSS program after working hard to accomplish all her goals! Those goals included starting employment, which she obtained (she was recently promoted to a new position), getting a driver's license, purchasing a vehicle, improving her credit, and researching homeownership. Marielis plans to use the information she has gained while in the FSS program to continue her quest to purchase a home for her and her daughter.

Many Congratulations, Marielis, for a job well done!



TREYON BROWN

Treyon recently completed the FSS program after working hard to accomplish all his goals! His goals included maintaining employment, purchasing a vehicle (and paying it off), improving his credit, and researching homeownership. Treyon plans to use the information he has gained while in the program to continue his budgeting skills and purchase a home. He has shown his family that hard work brings success.

Congratulations, Treyon, awesome job!

If you see Treyon, Marielis, and/or Lisa, please give them extra congratulations; they deserve it! They each have accomplished so much for themselves and their family. All of us here at the Hagerstown Housing Authority are so very proud of each one!

If you would like to learn more about the FSS program, contact us at 301-733-6911 and speak with Tacy Myers (ext. 157), Kelly Mills (ext. 158), or Pam Schnebly (ext. 167)



The Housing Authority Welcomes The Following New Staff

Rachel Golden comes to us from Western Maryland Hospital Center and is our Administrative Assistant for the Security Department. Rachel's proficient in customer service and office workflows and brings innovation and experience in multiple computer programs.



Walter Horman has been hired as a Security Officer and will be training during the day shift while he becomes familiar with the communities and patrol routine. Walter's experience is in security and he was a Specialist in the Army National Guard.



Scott Highbarger will join us as a Maintenance Mechanic and brings his talent and background in heating, ventilation, air conditioning (HVAC), and residential maintenance.

Who is my Public Housing Specialist, and How to Contact them? Below is a list of the communities with the assigned Housing Specialist

Stephanie Palmer- **Phone #** 301-733-6911 ext. #179, **Email** spalmer@hagerstownha.com

-Parkside Homes, Douglas Court, Frederick Manor, Scattered Sites, CW Brooks, Walnut Towers, Potomac Towers South building (unit #s G16-G29, 114-127, 219-232, 318-331, 419-432, 518-531, 619-632, 718-731, 819-832).

Tamiann Nelson- **Phone #** 301-733-6911 ext. #122, **Email** tnelson@hagerstownha.com

-Noland Village, McCleary Hill, Potomac Towers North building (unit #s 101-113, 201-217, 301-317, 401-417, 501-517, 601-617, 701-717, 801-817, 901-917, 1001-1017, 1101-1117, 1201-1217)

Resident Services Is Changing How We Serve You!

Each Senior Services Employee will be serving a different Senior Community each month. For August, see below:

C.W. Brooks: Deena Holder 301.733.6911
ext. 163

Walnut Towers: Heather Nutter
301.733.6911 ext. 170

Potomac Towers: Treyvon King
301.733.6911 ext. 171



There is hope



Talk with us.



If you or someone you know
needs support now,
call or text 988
or
chat 988lifeline.org



Mark Your Calendars

NUMBERS TO KNOW

Hagerstown Housing Main 301.733.6911

Resident Services Department

Dianne Rudisill	301.733.6911 ext. 125
Deena Holder	301.733.6911 ext. 163
Heather Nutter	301.733.6911 ext. 170
Treyvon King	301.733.6911 ext. 171
Tacy Myers	301.733.6911 ext. 157
Kelly Mills	301.733.6911 ext. 158
Pam Schnebly	301.733.6911 ext. 167



Community Fair
August 19, 2022, 10-3 pm
Elgin Station

The Housing Authority's
Annual Community Fair is back!
Yes, we are offering the in-
person annual event again. We
are excited to see you!



2022 Annual Washington County

Health & Wellness Fest!

Thursday, August 11
4:30pm-7pm

201 S. Cleveland Avenue
Hagerstown



National Night Out
August 2, 2022, 6-8 pm
Hagerstown Fairgrounds

We have partnered once again
with the Hagerstown Police
Department, Community Action
Council, the Hagerstown Area
Police Athletic League, and the City
of Hagerstown to assist with the
annual National Night Out.

- ☒ Giveaways!
- ☒ Health Screenings!
- ☒ Health Education!
- ☒ Cooking Demos!
- ☒ Activities for All Ages!
- ☒ Food!

A FREE
Community
Event!

Sponsored by:
FAMILY HEALTHCARE
OF HAGERSTOWN
United Way
of Washington County, MD





from: **Maintenance**
Maintenance Phone Number: 301.733.6916

PEST CONTROL SCHEDULE

08/03/2022 PT: G16-G29, 113-127, Resident Services

Office, Security

08/10/2022 PT: 101-112, 216-232

08/17/2022 PT: 201-215, 320-331

08/24/2022 PT: 301-319, 425-432, Trash Rooms,
Dumpsters

08/04/2022 WTA: 201-214

08/11/2022 WTA: 215-216, 301-311

08/18/2022 WTA: 312-316, 401-408

08/25/2022 WTA: 409-417-501-504

INSTALLING WINDOW A/C'S

When installing window air conditioners, install them safely and securely. Air conditioner units should be tilted away from the unit. This allows the condensate to run away from the wall and will help to prevent mold/mildew on the walls. The air conditioner must be installed properly to prevent outside air from entering the unit. If the extendable panels are missing or damaged, the air coming in from the outside will cause the room temperature to rise, keeping the air conditioner running. This can cause high electric bills. It is best to seal the openings with foam panels. Cardboard, pillows, and blankets are inefficient as they can fall out, leaving the window open. According to the **Dwelling Lease Part II, under Exhibit G, Section I., F**, Residents of the high-rise buildings must put a container under the air conditioner to collect any condensation and empty it as needed. Do not empty containers over the balcony. Failure to empty these containers could result in a follow-up visit from the maintenance department to correct the concern of overflow.

CONSERVING WATER

In order to conserve, all residents must promptly report any leaks or dripping faucets, hoses or fixtures to the Maintenance Department at 301-733-6916. Ensure all faucets are turned completely off when you are not drawing water. Other ways of conserving water are to:

- Avoid flushing the toilet unnecessarily.
- Dispose of tissues and other such waste in the trash rather than the toilet.
- Take shorter showers.
- Use the minimum amount of water needed for a bath by closing the drain first and filling the tub only 1/3 full.
- Don't let water run while shaving or washing your face.
- Brush your teeth first while waiting for water to get hot, then wash or shave after filling the basin.

TIPS ON REMOVING MOLD & MILDEW

Mold/mildew can grow in areas that are moist such as in bathrooms or at washer hookups. It is usually recognized as a dark discoloration of the surface on which it resides (i.e., dark spots on grout). There are numerous cleaning products on the market designed to kill mold. Also, a solution of 1-part bleach and 4 parts water will do the trick. Wipe down ceilings and walls with one of the disinfectants, scrub tile, and caulk joints in the tub area. Always read the labels and abide by the manufacturer's recommendations. It is your responsibility to properly clean the surfaces in your unit, but if you are having problems identifying or removing mold, please call Maintenance and we will have an inspector check it out at no cost to you.

TENANT-INSTALLED LOCKS ARE PROHIBITED

Tenant-installed locks are not allowed and are considered a lease violation. Please see Section G (Tenant Obligations), Item 31 of your lease for additional information. If tenant-installed locks are found by an inspector or maintenance personnel, you will be charged to correct the lock and the door.

BED BUG MYTHS

Home Solutions Can Replace Professional Extermination

THIS IS FALSE!

There are several home remedy recommendations online to exterminate your home without a professional. Often, the effort and impact of do-it-yourself solutions can make the problem worse and help the infestation spread over time.

Although you may be tempted to treat with a home remedy, you may find the situation is worse than expected and requires professional treatment.

Please contact the Maintenance Department if you believe you may have bed bugs.

from: **Security**

Security Phone Number: 301.730.2096

§ 173-11 Firearms and other weapons.

[Amended 4-16-1968]

A. It shall be unlawful for any person to fire, discharge or shoot a gun, firearm, air gun, blowgun, spring gun, gas-operated gun, blowpipe, slingshot, bean shooter or any other contrivance manufactured and calculated to throw, sling or discharge any shot or other missile within the City limits, and it shall be unlawful for any person, other than a law enforcement officer or a duly licensed person, to possess any such weapon upon the streets, alleys or other public ways of the City except while transporting such weapon from the place of purchase to his home or from his home to a point outside the City boundaries and returning.

B. It shall be unlawful for any parent or other person standing in loco parentis is to knowingly permit a minor to do any act in violation of the provisions of Subsection A.



We have made it easier for you to report a concern.

**Security's Report-A-Concern can now be accessed directly at
www.hagerstownha.com/reportaconcern**

What's Happening In Your Community

CW Brooks

Quarters & Stamps: Mondays 11am – 1pm

BINGO: Mondays 6-8 PM

Coffee Social: Tuesdays, Thursdays, Saturdays 11am-12pm

Game Night: Wednesdays 6-8 PM

Movie Night or Ice Cream Social: Alternating Fridays 6:30 PM

VFF Produce: Every Wednesday 10-11:30 am

Sight & Sound: Story of Moses (Date & Time TBA)

Dance Social: Saturday, August 13, 6-8:30p

"Living Well with Diabetes" August 10- September 14 on Wednesdays from 1:30pm to 4:00pm. Contact Linda Faulder if interested.

No Tenant Association Meetings will be held June-August

Potomac Towers

Quarters & Stamps: Tuesdays & Thursdays
10-11:30 am

Tenant Assoc. Meeting: August 8th 5:30 PM

VFF Produce: Every Wednesday 10-11:30 am

Walnut Towers

Tenant Assoc. Meeting: August 1st 5:00 PM

BINGO: Tuesdays 4-8 PM

VFF Produce: Every Wednesday 1-2:30 pm

August 31st is International Overdose Awareness Day

Know the facts about prescription opioids. Opioids can be addictive and dangerous. Be in the "know" zone!

Heroin & Opioid Abuse: An Epidemic



- What is an opioid
- What is Fentanyl
- Opioid misuse
- Know your options



Recovery is possible!

SAMHSA's National Helpline
[1-800-662-HELP](tel:1-800-662-HELP) (4357)
TTY: [1-800-487-4889](tel:1-800-487-4889) Text: [435748](tel:435748)
[samhsa.gov/find-help/national-helpline](https://www.samhsa.gov/find-help/national-helpline)

Substance Use Treatment Locator
[findtreatment.gov](https://www.findtreatment.gov)

Behavioral Health Treatment Services Locator
[findtreatment.samhsa.gov](https://www.findtreatment.samhsa.gov)



*The Western Maryland
Counseling Center, Inc.*

DBT SKILLS TRAINING FOR ADULTS

Learn How To Manage

Overwhelming Emotions,
Impulsive Behaviors and improve
Stressful Relationships through
Dialectical Behavioral Therapy (**DBT**)
skills coaching!

Wednesday September 14th at 1 pm

**If you are interested in attending or
want more information, please contact
Deena Holder 301.733.6911 x 163**



**Located inside of the C.W. Brooks
Building**

45 W. Baltimore Street

Store hours (may vary due to staffing)

Mon-Fri 8 am-7 pm

Sat - 9 am - 2 pm

240-310-9258

**NOW OFFERING
LIMITED HOME
DELIVERY**

C.W. Brooks Salon

Scheduled appointments: 240-329-5197

Same Day appointments: 301-676-9450

Hours of operation:

Monday- 9:00am-4:00pm

Closed Tuesday

Thursday- Friday, 9:00am-4:00pm

Saturday-Sunday, 8:00am-3:00pm